Autumn 2023

Monday

September	4th,	11th,	18th	& 25th
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- October 2rd, 9th, 16th & 30st
- November 6th, 13th, 20th & 27th
- December 4th & 11th

Thursday

- September 7th, 14th, 21nd & 28th
- October 5th, 12th & 19th
- November 2nd, 9th, 16th, 23rd & 30th
- December 7th & 14th

Friday

- September 8th, 15th, 22nd & 29th
- October 6th, 13th & 20th
- November 3rd ,10th, 17th & 24th
- December 1st, 8th & 15th